ANDROPAUSE

What is Andropause?
Andropause is the male version of menopause. This is when the level of testosterone in the body, as well as the sperm production gradually decreases.

What is Phyto-Testosterone (Phytoandrogen)?
Phyto-Testosterone is plant extracts that mimic & amplify the action of testosterone to help stop and reverse the natural decreasing of male testosterone levels, as men grow older. Phyto-testosterones can help the natural way, without the danger of any side effects.

What is Manna Andropause?
This supplement is formulated with the best phyto-testosterone (plant-derived testosterones) to assist in coping, reversing, stopping or counteracting certain Andropause symptoms.

Manna ANDROPAUSE include the following Ingredients:

- **Puncturevine** (*Tribulus terrestris*)
  *Tribulus terrestris*, the Latin name for Puncturevine, has gained popularity in the past decade among male athletes who attempt to build muscle by increasing testosterone production. And although studies show the herb does not enhance body composition or exercise performance, 4 studies do show that Tribulus enhances male sexual function and satisfaction.

- **Indian Ginseng** (*Ashwagandha*)
  *Ashwagandha*, also known as “Indian ginseng,” this herb has been used for over 3,000 years in alleviating various sexual issues. Some research has been done on this herb, suggesting that it may promote fertility in men, especially when combined with *Tribulus terrestris*.

- **Saw Palmetto** (*Serenoa repens*)
  Saw palmetto (*Serenoa repens*) is the fat-soluble extract of the fruit of the Saw Palmetto tree and has been shown to significantly diminish the signs and symptoms of BPH by blocking the enzyme responsible for converting testosterone into DHT (the stronger and more potent form of testosterone).

- **Siberian Ginseng** (*Eleutherococcus senticosus*)
  Siberian ginseng, grows in mountain forests and is native to eastern Asia including China, Japan, and Russia. Traditional Chinese Medicine has used *Eleutherococcus* for reducing lethargy, fatigue, and low stamina as well as increasing endurance and resilience to environmental stresses.

- **Grape Seed extract**
  Grape seeds, or high potency grape seed extract (affiliate link), like said above, can be used to boost testosterone levels... ...That's because 2 molecules hidden in the seeds – proanthocyanidin and procyanidin – can both effectively block the conversion from testosterone to estrogen via inhibiting the aromatase enzyme.
• **Kelp** (7)
  Sea kelp is a natural source of vitamins A, B1, B2, C, D and E, as well as minerals including zinc, iodine, magnesium, iron, potassium, copper and calcium. As sea kelp is the richest natural source of iodine it can help to regulate metabolism and in turn affect weight loss and gain.

• **Magnesium** (8)
  One study suggests that magnesium may play an essential role in testosterone production with the authors surmising that Mg stimulates the synthesis of proteins involved in the production of testosterone.

• **L-Carnitine** (9)
  Taking a carnitine supplement can help boost your energy, strength and sexual health while promoting normal hormone levels without the necessity of taking the hormones themselves. Your body does not produce large amounts of carnitine on its own, and your level of carnitine may be lower due to aging.

• **Zinc** (10)
  Foods high in zinc support healthy testosterone levels and normal sperm count. Oysters, clam, baked beans, sesame seeds, and beef liver are full of zinc.

**How does it work?**
This product can help to improve vascular health, provide phyto-testosterone and increase prostatic health. It works in a holistic manner, helping the body to help itself.

**Benefits of natural testosterone (phyto-testosterone) found in Manna Andropause**
- Helps to Boost Testosterone levels naturally
- Promote better sleep
- Helps to reverse diminished libido
- Address erectile dysfunction
- Helps to stop menopausal weight gain
- Helps to stop muscle loss
- Assist in decreasing Gynecomastia (male breasts)
- Helps to decrease irritable male syndrome
- Helps to stop memory loss
- Counteract hot flashes
- Assist in decreasing depression
- Helps to stop night sweats in men
- Helps to stop fatigue
- Stop hair loss and stimulate hair growth

**How to take it**

**Dosage**
Take 2 caplets daily with food

**Can I use it with my current medication?**
This product can be used in conjunction with any other medication. When on Warfarin, take the product 2 hours before or 2 hours after the Warfarin.
**Testimonials / Reviews**

Since my husband started to use this product 6 months ago, he change for the better. My old hubby is back. His moods are much better and he sleeps better at night. He is less grumpy and even participates in family outings again. I can recommend this for your husband!

My husband is taking the Andropause for the past year plus and finds it excellent. Best of all is the fact that it is natural and affordable. We can recommend the product to all men suffering from this kind of problems.

My husband is on the second bottle of Andropause and he experience a positive difference. I believe that it will even become better the longer he will be taking the Andropause. — Martie Kuhn

I was on testosterone treatment prescribed by my doctor for 9 months. The problem is that the requirement for testosterone treatment can become permanent if continued with for too long. I stopped the testosterone treatment and started on Andropause about a year ago. My libido, stamina and power increased to the extent that I now leg press 525Kg already. The other muscle groups have also improved substantially. — Danie

*Results may vary from person to person*

**Research**

5. Grape seed extract is an aromatase inhibitor and a suppressor of aromatase expression. - *Cancer Res. 2006 Jun 1;66(11):5960-7*
6. Suppression of estrogen biosynthesis by procyanidin dimers in red wine and grape seeds. - *Cancer Res. 2003 Dec 1;63(23):8516-22*
7. Therapies from Fucoidan: An Update - *Mar Drugs. 2015 Sep; 13(9): 5920-5946*