**T-BOOST**

**Get a natural boost to your ED problem**
The ingredients used in T-Boost can help to increase erection and libido, promote prostate health, as well as bladder health.

**What is Manna T-Boost?**

**Ingredients**

- **Olive Leaf Extract** (*Olea europaea* (*oleuropein*) – 20%)
  Olive leaf extracts and their oleuropein constituents are best known for their blood pressure-lowering effects, but the latest studies reveal their health benefits extend well beyond that. Additional anti-inflammatory and antioxidant properties offer promise in fighting atherosclerosis, diabetes, cancer, neurodegenerative diseases, and even arthritis.
  - An amazing side effect of oleuropein is an increased libido, which could be very good news to all men struggling with erectile dysfunction.

- **Saw Palmetto** (*Serenoa repens fructus extract*)
  The main action of this herb is to block 5-alpha-reductase, the enzyme responsible for converting dwindling levels of available testosterone into dihydrotestosterone (DHT), another androgen hormone that signals hair follicles to enter into a state of permanent rest. DHT also triggers inflammation and cell proliferation in the prostate, events that compounds in saw palmetto counter with the inhibition of DHT as well as the enzymes COX-2 and 5-lipoxygenase.

- **Siberian Ginseng** (*Eleutherococcus senticosus extract*)
  Siberian ginseng is a plant used throughout history in China and Russia. As an herbal remedy, the root of Siberian ginseng is known to stimulate the immune system, increase energy and reduce fatigue.

**How does it work?**
The ingredients used in T-Boost can help to increase erection and libido, promote prostate and bladder health. Olive leaf extracts and their oleuropein constituents are best known for their blood pressure-lowering effects, but a side effect is an increased libido. Saw Palmetto helps to increase testosterone and Siberian Ginseng helps to increase energy.

**How to take it**

**Dosage**
It depends on the severity of the erectile dysfunction / libido problem. We recommend 2 capsules each day, but you can start with 4 capsules with breakfast for the first week. Normal dosage is 2 capsules with breakfast.

**How long before results?**
You should experience results from day 4, but it can happen sooner.

**Who can use T-Boost?**
The formulation of T-Boost can be beneficial to all men over the age of 40, but younger men can also use it if they struggle with libido and erectile problems.

**Safety of T-Boost**
The T-Boost formulation is regarded as safe, but when you are on medication for high blood pressure or cholesterol medication, it is recommended that you talk to your doctor before starting with this supplement.

**Can T-Boost be used with other medication?**
Yes, T-Boost can be used in conjunction with other medication, but it is advisable to talk to your doctor before using the supplement with your medication.

**Benefits of Manna T-Boost**
- Helps to increase testosterone levels in the most natural way, without side effects
- Helps to improve cardiovascular health
- Improve immune function
- Assists in prostatic health and bladder problems
- Helps to combat fatigue and increase energy levels
- Helps to increase erection and libido

**What is Low Testosterone?**
Testosterone isn't the only fuel for a man's sex drive and performance. But low testosterone can reduce your ability to have satisfying sex. Lack of sex drive and erectile dysfunction are sexual problems that can result from low testosterone.

If low testosterone is the cause, treating it can help. Researchers haven't unraveled the mystery of just how testosterone increases libido. It's normal for a man's sex drive to slowly decline from its peak in his teens and 20s, but libido varies widely between men. What one man might consider a low sex drive, another might not.

Also, sex drive changes within each man over time and is affected by stress, sleep, and opportunities for sex. For these reasons, defining a "normal" sex drive is next to impossible. Usually, the man himself identifies a lack of sex drive as a problem. Other times, his partner may consider it to be an issue.

**Low Testosterone and Erectile Dysfunction**
Surprisingly, low testosterone by itself rarely causes erectile dysfunction, or ED. Low testosterone alone - with no other health problems - accounts for a small minority of men with erectile dysfunction.

Erection problems are usually caused by atherosclerosis - hardening of the arteries. If damaged, the tiny blood vessels supplying the penis can no longer dilate to bring in the strong flow needed for a firm erection. Diabetes, high blood pressure, and high cholesterol are the three main causes of atherosclerosis and erectile dysfunction.

At the same time, low testosterone is a frequent accomplice to atherosclerosis in creating erectile dysfunction. In studies, as many as one in three men mentioning ED to their doctor...
have low testosterone. Experts believe that in men with other factors causing erectile dysfunction, low testosterone can strongly contribute, making a difficult situation even worse. Strengthening the connection, low testosterone is linked in some way with many of the conditions that lead to erectile dysfunction:

- Metabolic syndrome (Insulin Resistance)
- Obesity
- Endothelial dysfunction
- Diabetes

Although low testosterone isn’t known to cause them, the associations between other medical conditions and low testosterone can be significant.

Testimonials/Reviews
Outstanding results after 4 days. I have tried numerous products but this really works and helped with my ED without any side effects – Pierre

My husband started using T Boost a week ago. Hey as the wife I noticed a difference already lol. Lucky me. – S. Jacobs

Thank-you for an excellent product like the T-Boost. My husband find it very helpful. He was diagnose with prostate cancer and receive Brachytherapy to cure it, very successful. However he experience some problems afterwards and the Urologists just said 'it is a side effect’!

As I am a long time user of Manna products, I received your newsletter weekly and always read it with interest. We read about Andropause and T-BOOST and decided to try it. That was a good decision and my husband is a happy man again. Just for the record, it definitely help with mood swings in men also.

- Ina

Research

Olive Leaf Extract

- Hamdi HK, Castellon R. Oleuropein, a non-toxic olive iridoid, is an anti-tumor agent and cytoskeleton disruptor. *Biochem Biophys Res Commun.* 2005 Sep 2;334(3):769-78.

Saw Palmetto


Siberian Ginseng


Review.